



## **Apprentice Talent Profiles**

## Where could your talent take you?

Name:	Sofia Guimaraes
Job:	Trainee Nursing Associate
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Details/date:	27/02/19

Where are you based?	LPFT Older Adults Mental Health Community Team Grantham
Tell us a bit about your	My current job role is Trainee Nursing Associate.
current role	This is a fairly new role and everyone is still trying to familiarize with it.
	This role will fill the gap between the current HCSW and the register
	nurse. It will try to provide a holistic approach to care and will also improve the physical health care approach for mental health patients.
	I just started in January and because Older Adults is a new area for me, I'm familiarising with all aspects of their care.
How long have you been with	6 years
the Trust?	
Looking at your own training	I've started my career with LPFT at Ash Villa – CAMHS acute
and development, could you	impatient unit, as a housekeeper in 2013.
tell us more about the early	I really enjoyed getting involved with the young people and a year
stages of your career?	later, I had the opportunity to start doing some bank shifts as a healthcare support worker.
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	At this point, as I continued to improve my skills and develop my knowledge, LPFT gave me another opportunity by supporting my apprenticeship programme for Senior Healthcare Support Worker with Connect2Care.  This programme gave me the chance to complete the Care Certificate and obtain my Maths Functional Skills.  Another major achievement with this programme for me was the improvement in my confidence.  In December 2018, I've applied for the Trainee Nursing Associate programme and was accepted.
Are you currently undertaking any study?	Yes. I'm currently undertaking the Trainee Nursing Associate programme.
Has the apprenticeship help support you on your pathway?	The apprenticeship played a major role in supporting my pathway by improving my confidence and giving important skills and knowledge that were useful and certainly will be useful in the future.
The apprenticeship programme offers blended learning, consisting of on and off-the-job training. This enables the learner to understand and apply their learning within the context of their day to day role. How does the process work for you?	With an apprenticeship programme, it is possible to obtain new skills and knowledge and, at the same time, continue working. In my experience, it was easy to identify current job related situations with the teaching sessions and vice versa. There was always something that I could apply to my job role or some examples to support the learning.

## Talent Academy:

Government reforms brought in over the last 3 years have transformed the whole apprenticeship offer. The biggest change being the inclusion of degree and professional qualifications. As a result, the apprenticeship programme can now support individuals with their own career progression, offering development and qualifications from Level 2 through to a Masters.

In view of the reforms and new opportunities, would you consider an apprenticeship for your ongoing professional development?

I would definitely consider an apprenticeship for professional development. I'm currently in an apprenticeship programme and once again, I find that this is an excellent opportunity to learn and to improve my skills and at the same time continue to apply the knowledge obtained to provide a better patient care.